

# Superstitions



## Good luck

An apple a day keeps the doctor away.

If you see a chimney sweep shake his hand so some of his good luck will rub off on you.

Rabbit's foot is lucky.

If you blow out all the birthday candles in one breath your wish will come true.

Make a wish on a falling star.



Wish someone a blessing when they sneeze [originally congratulations for expelling the evil spirit from the body - 750 AD because of the plague the Pope made it a law that when someone sneezed they had to be given a blessing to pray that the person does not get sick.]

Wedding blessing: Something old something new something borrowed something blue.

[Old = friends will stay with you, new = represents the future, borrowed = the person who lent it to you loves you, blue = fidelity]

Throw rice at a wedding wishes them fertility.

## Bad luck

If you go to the bathroom at night with no clothes on insects will fall on you.

If you break a mirror you will have 7 years bad luck.

You will have bad luck if you open an umbrella in the house.

Chain letters that are broken will bring you bad luck [originated as representing the word of God.]

You will have bad luck if you walk under a ladder [ladder represents the ascension to Heaven.]

Step on a crack you'll break your mother's back.

13 is an unlucky number.



## Good and bad luck



Seeing 1 crow is very unlucky, but 2 are good luck, 3 means good health, 4 means wealth, 5 means sickness and 6 means death.

If your ear is burning then someone is talking about you. To determine whether it is good or bad remember this rhyme - left for love, right for spite.

Horseshoe U collects good luck - upside down the luck drains out.

Red sky at night is a sailor's delight - Red sky in the morning is a sailor's warning.

If the head of the bed is to the north it foretells a short life, if it is towards the south a long life, the east riches and the west travel.